



Community Council
Health Systems

March 2019
Newsletter

Edition
LXXIX



From the Desk of James V. Nixon, President & CEO of Community Council

March is National Women's History Month

I am an example of what is possible when girls from the very beginning of their lives are loved and nurtured by people around them. I was surrounded by extraordinary women in my life who taught me about quiet strength and dignity.

-- Michelle Obama

Throughout history, women, as the "weaker" sex, have been considered to be more susceptible to mental illness or emotional

breakdowns than men. Many feel that existing stereotypes as well as our patriarchal society have contributed to the belief that women are more fragile and somehow mentally weaker.

Prior to the middle 1800's, women who suffered from depression or mental illness were believed to have a disease in their soul—in other words a form of evil for which there was no help or solution. These women were committed to insane asylums, and often treated worse than animals, being kept in cages and kept in filth, given limited amounts of food, and often had little or no human contact. Finally, reform and beliefs very slowly began to change regarding

the mentally ill. Thank goodness the treatments have come a long way through the years, and women's depression, in particular, is both more widely understood and more widely accepted. (Reprint from epigee.com)



Our mission is to provide comprehensive mental health and educational services to adults and children. We believe that everyone deserves the opportunity to develop a treatment process that best supports their physical, mental, and social well-being. We provide a range of behavioral health services for abused and troubled children, youth, adults, and their families.

COMMUNITY RESOURCES



LaSalle Workshop for Faith-Based Nonprofits

Whether you are a church, synagogue, mosque or ashram, there are legal requirements and considerations that impact your activities and operations in the community. To help you better understand these requirements and their interplay with your religious principles and ministry, Laura Solomon, Esq., founder of Laura Solomon & Associates has crafted a webinar that offers an overview of what every faith-based nonprofit group needs to know about these concerns. This learning experience will embrace what distinguishes your faith-based organization from other community nonprofits. Register at lasallenonprofitcenter.org

Camp Erin Philadelphia Bereavement Program for Youth

This is a free, weekend bereavement camp for youth who are grieving the death of a significant person in their lives. Children and teens ages 6 to 17 attend a weekend camp experience that combines grief education and emotional support with fun, traditional camp activities. Led by bereavement professionals and caring volunteers, campers are provided a safe environment to explore their grief, learn essential coping skills, and make friends with peers who are also grieving. The 2019 Camp Session takes place from June 7th to June 9th. More information at pennmedicine.org

SAMSHA's 2019 National Prevention Week

Mark your calendars! SAMSHA's next National Prevention Week will take place May 12 through 18, 2019. Each year around this observance, communities and organizations across the country come together to raise awareness about the importance of substance use prevention and positive mental health. To learn more about participation in National Prevention Week, go to samsha.gov

Urban Affairs Coalition Foreclosure Prevention Guide

The Community and Economic Development (CED) team of the Urban Affairs Coalition (UAC) released their latest version of the **Foreclosure Prevention Resource Guide** – the only resource that provides a comprehensive look at the services and options for those facing mortgage and tax foreclosure in Philadelphia and the surrounding counties. The 2019 Foreclosure Prevention Resource Guide is now available and can be downloaded for free at any time at commongood.unitedforimpact.org

Drexel Job Training for Youth Victims of Violent Injury

The **Center for Nonviolence and Social Justice/Healing Hurt** at Drexel University's School of Public Health has developed a program to train men, ages 18-30, who have experienced violent injury in their own lives to become Community Health Worker Peers/Certified Peer Specialists. Individuals who complete the training will be eligible to apply for a full-time paid position as a Community Health Worker Peer at the Healing Hurt People program in the Center for Nonviolence and Social Justice. Participants will be paid their time in the training, as well as supported with job readiness skills training and transportation assistance as needed. The program also offers to do info sessions at your organization for participants or staff to learn more about the training. Download information at: commongood.unitedforimpact.org

COMMUNITY RESOURCES CALENDAR AT-A-GLANCE

LaSalle Workshop for Faith-Based NonProfit Organizations

March 19th, 12PM to 1PM

Camp Erin Philadelphia - Bereavement Program for Youth

June 7th to June 9th

SAMSHA's 2019 National Prevention Week

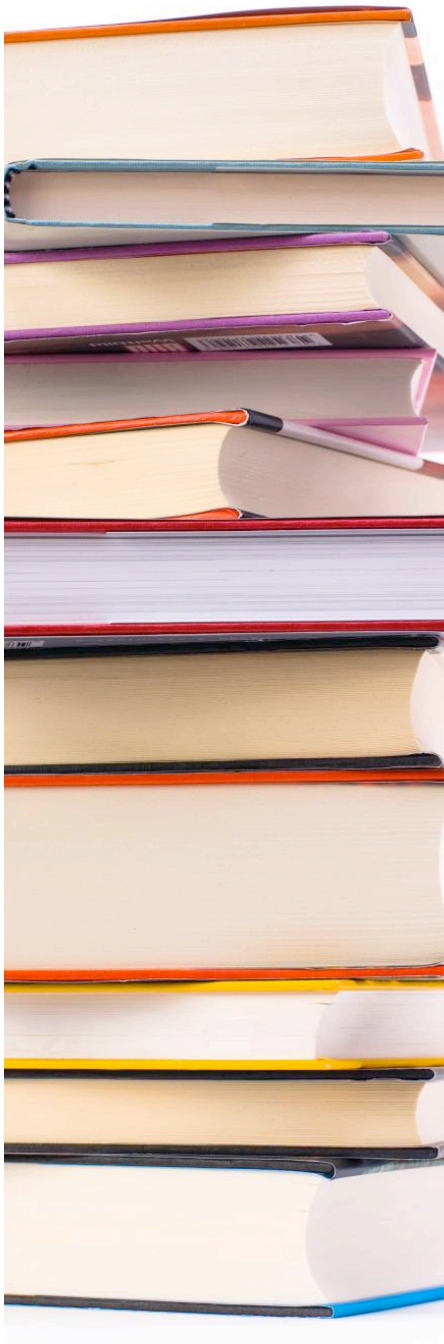
May 12th to May 18th



Have an idea for a valuable community resource?

Submit the information for your resource to drrogers@cchss.org for an upcoming newsletter?





Best Practices, Policy and Research

Early Self-Control Improvement Programs for Children Are Effective

This practice consists of programs designed to increase self-control and reduce child behavior problems (e.g., conduct problems, antisocial behavior, and delinquency) with children up to age 10. Program types include social skills development, cognitive coping strategies, training/role playing, and relaxation training. This practice is rated Effective for improving self-control and reducing delinquency. To learn more, go to National Institute of Justice site at crimesolutions.gov.

Behavioral, Emotional, Social Training: Competent Learners Achieving School Success (Best in Class) Rated Effective

A classroom-based intervention, delivered by teachers, designed to prevent emotional and behavioral disorders in high-risk children. The program is rated Effective. Intervention group children showed statistically significant improvement in behaviors, social and behavioral competence, and student-teacher relationships, compared with control group children. Intervention group teachers showed statistically significant improvements in instructional practices, compared with control group teachers. Info at crimesolutions.gov.

BELL Early Learning Project First Year Report

The Community and Economic Development (CED) team of the Urban Affairs Coalition (UAC) released their latest version of the **Foreclosure Prevention Resource Guide** – the only resource that provides a comprehensive look at the services and options for those facing mortgage and tax foreclosure in Philadelphia and the surrounding counties. The 2019 Foreclosure Prevention Resource Guide is now available and can be downloaded for free at any time at commongood.unitedforimpact.org

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New Online Center Encourages Use of Evidenced-Based Policies

A new **Online Resource Center** (pewtrusts.org) created by the **Pew-MacArthur Results First** provides case studies about effective use of data by state and county governments, offering insights that can help leaders make more evidenced-based policy decisions.



Happy Anniversary!

These individuals are celebrating one or more years of service at Community Council Health Services this month: Robin Harrell (14), Eric Isaac (13), Andrew Harmon (11), Valerie Richardson (9), Andre Carr (4), Keneisha Williams (2), Tinnue Barclay (2), Ray Holmes (1), Jeffrey Robinson (1), Larnette Davis-Jones (1), Ikia Phelps (1)

Happy Birthday to You!

Join us in helping us celebrate those who have their birthdays in March:

Andre Carr (3/6)
Erik Gaines (3/6)
Tenille Y. Smith (3/6)
Sean Salley (3/8)
Valerie Richardson (3/10)
Robin Harrell (3/10)
Tamika Mariney (3/10)
Marquita Waites (3/10),

Sierra Hill (3/11)
Leonard Drummond (3/12)
June Jackson (3/15)
Brittany Nelson (3/19)
Robert Dukes (3/21)
Kresence Greenwood-Campbell (3/24)
Tevin Govan (3/27)
Larnette Davis-Jones (3/30)
Janelle Baker (3/31)

Professional Development



Advancing Excellence in Practice & Policy: Meeting the Challenge of the Family First Prevention Services Act

Child Welfare League of American (CWLA)
2019 National Conference, April 9 – 13
Hyatt Regency Capitol Hill, Washington, DC

The conference will highlight successful strategies and practices organizations and communities are using that can be leveraged to meet the challenges and opportunities of the Family First Prevention Services Act. For more information, go to cwla.org/cwla2019/

Evidence-Based Professionals Conference & Workshops: Case Management, Care Coordination, Counseling & Supervision

Society for Evidenced-Based Professionals
April 17-19, 2019 - New Orleans, Louisiana

Focus will be on case management, care coordination, counseling & supervision to maximize services for program participants and support practitioners in their work. For more information, go to ebpsociety.org/events/pathways

Center for the Promotion of Social and Emotional Learning Series

I Can Solve Implementation Training
Saturday, May 18 - Sunday, May 19, 2019

The *I Can Problem Solve (ICPS) Implementation* training – appropriate for helping professionals working with children ages 4-12 (preK-6) – will provide an overview of concepts and pedagogical strategies involved in implementing the ICPS program. ICPS teaches students how to generate alternative solutions, anticipate consequences and effectively solve problems. For more information visit cpsel.org/events_actual.

Implementing SEL to Meet Every Student's Needs

Webinar from 3:30pm - 4:45pm EDT
Wednesday, March 20, 2019

How can you ensure that your SEL programming is meeting the needs of learners who each bring unique strengths, cultural assets and often trauma to class each day? In this 75-minute interactive webinar, learn how administrators and educators can implement SEL programming to meet the needs of all students – even those struggling behaviorally and academically. We will dive into the “how to” of three practices critical to supporting SEL and equity: 1) integration of SEL with instruction and other supports; 2) creating caring relationships and culture; and 3) leveraging technology to address students’ diverse needs and challenges.

Health Federation Training Series on Trauma-Informed Practice

123 S. Broad Street, 6th Floor
Philadelphia, PA

The Health Federation of Philadelphia is offering a series of workshops on trauma-informed practice for people working with children:

Becoming Trauma Informed: Define Trauma and its Impact

Friday, March 1, 2019, 9:00 – 11:00 AM

Sensory Supports to Build Regulation Skills

Tuesday, March 5, 2019, 9:00 – 12:00 noon

Verbal De-escalation Strategies for Managing Conflict

Thursday, March 7, 2019

Building Executive Function Skills

Tuesday, March 26, 2019, 9:00 – 12:00 noon

Tuesday, April 9, 2019, 9:00 – 12:00 noon

Becoming Trauma Informed: Practice Skills

Tuesday, April 16, 2019, 9:00 – 11:00 AM

Registration is through the PAKey PD Registry at papdregistry.org. Funding through PHMC-PD makes this training possible. Class fees are \$7 or \$14.



Licensed BSCs

A licensed professional as a Psychologist, Social Worker, Clinical Social Worker, Marriage and Family Therapy, or a Professional Counselor OR Pennsylvania Licensed Behavioral Specialist Consultant in good standing. Requirements include:

- Master's Degree or higher in school, clinical, developmental or counseling psychology, special education, social work, speech therapy, occupational therapy, professional counseling, behavioral analysis, nursing or another related field.
- Verification of substantial relationship of major to behavioral specialist practice: school, university or program must verify that major

course of study that has a substantial relationship to the practice of behavioral specialist.

- Specific Coursework: 90 hours of evidence-based coursework 3 hours of professional ethics 16 hours of assessment coursework or training 8 hours of crisis intervention 5 hours of family collaboration 18 hours of autism-specific coursework/training 16 hours of instructional strategies & best practices, 8 hours of co-morbidity & medications, and 16 hours of addressing specific skill deficits training.
- At least two (2) years verified post-master's experience providing behavioral health treatment to children (at least one of which is experience using behavior analysis/modification techniques).



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