



## From the Desk of James Nixon, President & CEO

### Celebrate Martin Luther King Birthday Celebration: January 20, 2020

The **Martin Luther King Jr.** holiday on **January 20, 2020**, marks the 25th anniversary of the **Day of Service** that celebrates the Civil Rights leader's life

and legacy. Decades after the Civil Rights Movement, the celebrations for MLK Jr.'s birthday expand and include opportunities for learning, volunteering, and honoring a figure and movement so important to the African-American community, as well as for the human rights movement as a whole and around the world.

It is amazing the kind of impact Dr. King's work had on a world still lacking equality a full century after the Civil

War. Although the work is not finished, his contributions to the Civil Rights movement – a cause for which he died – has made a profound impact on equality in America. But, there is still much more to do to achieve equality for all!

In these trying political times, think about this MLK quote:

***We must accept finite disappointment, but never lose infinite hope.***



*Our mission is to provide comprehensive mental health and educational services to adults and children. We believe that everyone deserves the opportunity to develop a treatment process that best supports their physical, mental, and social well-being. We provide a range of behavioral health services for abused and troubled children, youth, adults, and their families.*

# COMMUNITY RESOURCES



## **Drumline Live** **January 10–11, 2020** **Merriam Theater** **250 S. Broad Street,** **Philadelphia**

The dancing, rhythm and beats of historically black college and university marching bands are the star. The show runs for two days and features high-energy performances created by the musical team behind the Drumline movies.

## **Martin Luther King Jr. Day of Service** **Monday, January 20, 2020**

Greater Philadelphia holds the country's largest day of service with tens of thousands of volunteers doing community projects throughout the city and region. For more information about activities and opportunities to serve and celebrate, for to: <https://mlkdayofservice.org/>

## **Center City District Restaurant Week** **January 12–24, 2020**

During this week, three-course lunch goes for \$20 per person, while dinner costs just \$35 at many of Philadelphia's top restaurants. Despite its name, Restaurant Week has expanded over the years to cover nearly two full weeks, giving patrons plenty of time to try new spots and return to old favorites. For more information, go to: <https://centercityphila.org/explore-center-city/ccd-restaurant-week>

## **Black History Month**

Major attractions across the city—including The African American Museum in Philadelphia, the National Constitution Center, the Free Library of Philadelphia and more—celebrate the month throughout February with events and special programming. [visitphilly.com/articles/philadelphia/black-history-month-in-philadelphia](https://visitphilly.com/articles/philadelphia/black-history-month-in-philadelphia)

## **African American Children's Book Fair** **February 1, 2020**

One of the oldest and largest single-day events for African American children's books in the country, the 28th annual African American Children's Book Fair at the Community College of Philadelphia features nationally known and bestselling authors and illustrators, representatives from the multicultural literary community, enriching children's books, and activities that promote the power and joy of reading. [theafricanamericanchildrensbookproject.org](http://theafricanamericanchildrensbookproject.org)

## **Getaway At The Greenhouse** **February 1–16, 2020**

### **Fairmount Park Horticultural**

**Center** celebrates summer in winter, setting up a giant sandbox, live music, food trucks and Gaia, The Traveling Artwork, British artist Luke Jerram's spectacular giant globe of the Earth featuring detailed NASA photography. (215) 685-0096, [myphillypark.org](http://myphillypark.org), [my-earth.org](http://my-earth.org)

## **Witness To History: Selma** **Photography of Stephen** **Somerstein**

This exhibit on display at the Brandywine Museum of Art documents the historic 54-mile march for civil rights from Selma to Montgomery, Alabama. (610) 388-2700, [brandywine.org](http://brandywine.org)

## **Philly Theatre Week** **February 6–16, 2020**

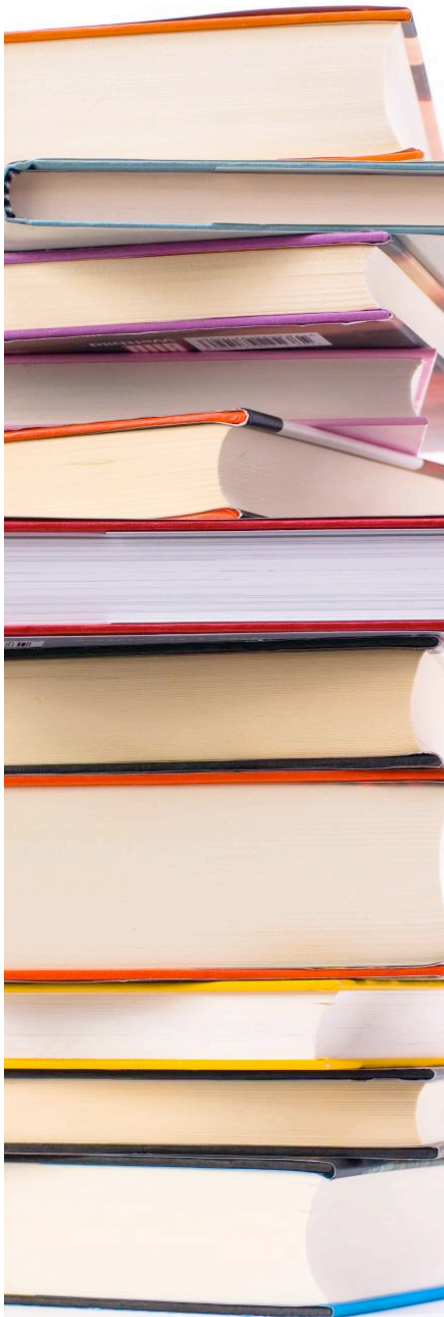
A 10-day regional theatrical festival promises 100 events, including panels, concerts, meet-ups and loads of live theater. (267) 761-9950, [theatrephiladelphia.org](http://theatrephiladelphia.org)

*"Not all of us can  
do great things,  
but we can do  
small things with  
great love."*

*- Mother Teresa*



*There was and  
will be only one  
Mother Teresa. But  
can't all social  
workers choose to  
love just as greatly?*



# Best Practices, Policy and Research

## Child Trends Research: Special Health Care Needs And Aces

Child Trends' analysis of data from the 2016-17 National Survey of Children's Health (NSCH) found that children and youth with special health care needs are more likely to adverse childhood experiences (ACEs). Child Trends authors point out the need to work to ensure that trauma-informed approaches are integrated into places and environments where these children (and their caregivers) receive services. Read more at: <https://www.childtrends.org/>

## Research: Bullying Perpetration Associated with Internalizing Problems

A new study at the Columbia University Mailman School of Public Health published recently online in the Journal of Public Health found that youths who reported being perpetrators of bullying were more likely to develop mental health problems compared to those who did not report being perpetrators of bullying.

The senior author, Silvia Martins, MD, PhD, is quoted, "Our findings provide an important extension to previous literature and indicate that bullying behaviors prevention and intervention strategies among youth should consider how to take into account and handle negative feelings and mental health problems."

Read more about study at: <https://www.sciencedaily.com/releases/2019/12/191204145750.htm>

## Resource: Supporting Relationships Between Children and Their Incarcerated Parents

The National Child Abuse and Neglect Technical Assistance and Strategic Dissemination Center (CANTASD) has published a resource with guidelines by age range for caseworkers and caregivers to support children whose parents are incarcerated. It also includes links to additional resources. Download the resource at: <https://cantasd.acf.hhs.gov/>

## Resource: Advancing Comprehensive School Mental Health Systems: Guidance from The Field

A partnership of national school mental health leaders and organizations contributed to the development of a resource on school mental health systems. Intended to help guide local, state and national efforts to strengthen school mental health effort, the resource outlines the need for school-based mental health programs, describes the core features of a school mental health program, and details opportunities, challenges and recommended strategies for implementation. Download resource at: <http://www.schoolmentalhealth.org/>

## Tools To Measure Progress in Implementing Trauma-Informed Approach

The Child Health and Development Institute of Connecticut, Inc. (CHDI) has published "Issue Brief 72: Are We Trauma-Informed? Tools to Measure Progress in a Program, School, or Organization," which summarizes results of a research review they, along with the Yale School of Medicine, and the Medical University of South Carolina, did of 49 surveys evaluating trauma-informed approach. The reviewers identified four assessment tools as the most promising for evaluating an organization's progress in implementing a trauma-informed approach. Read the issue brief at: <https://www.chdi.org/>

## 2019 Children's Mental Health Report: Social Media, Gaming and Mental Health

The Child Mind Institute's "2019 Children's Mental Health Report: Social Media, Gaming and Mental Health" is intended to help parents, professionals and policymakers better understand the online lives of children and adolescents. The report includes information on the positive and negative mental health effects of online activities and provides guidelines for social media and internet use. Read the report at: <https://childmind.org/>

*"The happiest people I know are those who lose themselves in the service of others."*

*- Gordon B. Hinckley*

# Professional Development



## **2020 Annual Conference Reducing Racial and Economic Inequality Society for Social Work and Research January 15–19, Washington, DC**

The SSWR Annual Conference offers a scientific program that reflects a broad range of research interests, from workshops on the latest quantitative and qualitative research methodologies to symposia featuring studies in child welfare, aging, mental health, welfare reform, substance abuse, and HIV/AIDS. Over 500 symposia, workshop, roundtable, paper and poster presentations. Research methods workshops designed to enhance methods expertise and grant-writing skills and special sessions on research priorities and capacity building that target cutting-edge topics vital to contemporary social work research. Pre-conference programs and a networking reception especially for doctoral students. For registration/info: <https://secure.sswr.org/2020-conference-home/>

## **Upcoming Webinar: The Document Assessment and Review Tool (DART): New Approach to Assessing Fidelity and Quality of Wraparound Care Coordination February 5, 2020, 10am – 11:15am PT / 1pm – 2:15pm ET**

In this webinar hosted by the TA Network, Eric Bruns, Philip Benjamin and Lydia Andris of the University of Washington Wraparound Evaluation and Research Team (WERT) will introduce the DART, a new measure of the Wraparound Assessment and Fidelity System (WFAS). They will provide the background and context for the development of the DART and describe the instrument in detail. They will also explain how the DART differs from other Wraparound fidelity measures and provide information on the training and time commitment for data collection and share approaches to sampling and preliminary data on inter-rater reliability. To register for webinar, go to: <https://nwi.pdx.edu/>

## **33rd Annual Research & Policy Conference on Child, Adolescent and Young Adult Behavioral Health March 15 – 18, 2020, Tampa, FL**

Known widely as "The Tampa Conference," this annual gathering of more than 700 researchers, evaluators, policymakers, administrators, parents, and advocates is focused on the development of the research base essential to improved service systems for children and youth with mental health challenges and their families. The keynote speakers for the 2020 conference will be: David R. Williams, Harvard T.H. Chan School of Public Health; Sandra Gasca-Gonzales, Annie E. Casey Foundation; and Gary Blau, The Hackett Center for Mental Health. To register for the conference, go to: <https://www.cmhnetwork.org/tampa-conference>

## **Child Welfare League of America (CWLA) 2020 Conference**

**100TH Anniversary Year  
March 25 – 29, 2020**

**Hyatt Capitol Hill, Washington, DC**

Early registration is now open for the CWLA Conference, Sharing Ideas that Strengthen Families and Engage Communities to Promote Child Well-Being. Register early for the best conference rate! CWLA is excited to bring together colleagues from across the globe for an engaging and thought-provoking conference that will share and advance more effective family supports and systems of care for children and families in the 21st century. For registration and info: <https://www.cwla.org/cwla2020/>

# WE ARE HIRING!

## Licensed BSCs

A licensed professional as a Psychologist, Social Worker, Clinical Social Worker, Marriage and Family Therapy, or a Professional Counselor OR Pennsylvania Licensed Behavioral Specialist Consultant in good standing. Requirements include:

- Master's Degree or higher in school, clinical, developmental or counseling psychology, special education, social work, speech therapy, occupational therapy, professional counseling, behavioral analysis, nursing or another related field.
- Verification of substantial relationship of major to behavioral specialist practice: school, university or program must verify that major course of study that has a substantial relationship to the practice of behavioral specialist.
- Specific Coursework: 90 hours of evidence-based coursework 3 hours of professional ethics 16 hours of assessment coursework or training 8 hours of crisis intervention 5 hours of family collaboration 18 hours of autism-specific coursework/training 16 hours of instructional strategies & best practices, 8 hours of co-morbidity & medications ,and 16 hours of addressing specific skill deficits training.
- At least two (2) years verified post-master's experience providing behavioral health treatment to children (at least one of which is experience using behavior analysis/ modification techniques).

## Non-Fidelity Case Managers

This role assists individuals in making full use of natural community supports, in addition to all available mental health and drug and alcohol services which will enable the individual to live a stable, healthy and safe life in the community of their choice.

This will be accomplished by assessing the individual's needs, developing a personal goal plan with the individual, linking the individual to agreed upon services and ongoing monitoring of these services and supports. Minimum requirements for a Case Manager:

- Bachelor's degree with major course work in sociology, social work, psychology, gerontology, anthropology, political science, history, criminal justice, theology, counseling, education.
- Minimum of one (1) year experience (paid or unpaid) in a human service field. This experience must involve direct contact with the individual receiving services (i.e. coaching, teaching, case management, etc.)
- A valid PA driver's license and an operating car are required.
- All Case Managers must also show proof of current insurance with minimum limits of \$100,000 per occurrence and \$300,000 aggregate.

For additional information contact Nakida Coleman, Non-Fidelity Act Supervisor at 215-473-7033 ext 7167

