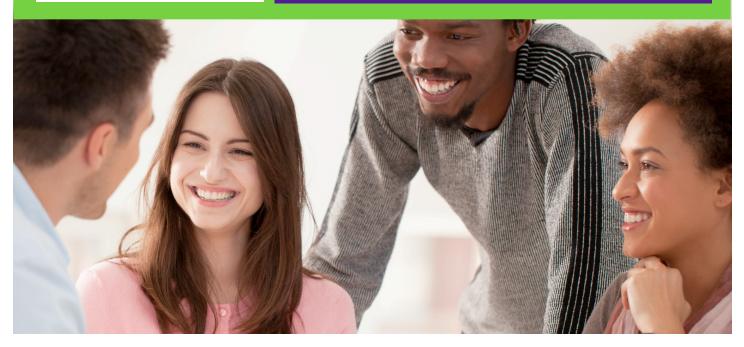


July 2019 Newsletter Edition LXXXIV





National Minority Mental Health Awareness Month was established to highlight the unique behavioral health issues facing minority populations. While all communities face unique challenges or barriers in addressing mental health issues, these problems are increased by less access to care, cultural stigma and lower quality care for many minorities. Help
NAMI replace stigma with hope. Learn more about how you can help by taking the pledge to bring understanding and education to others.
Watch the new three-part docuseries, Strength Over Silence: Stories of Courage, Culture and Community. In this series, the National Alliance on Mental

Health (NAMI) explores unique perspectives on mental health from the African-American and Latino communities. Through candid and courageous stories of lived experience, these mental health champions share their journeys of resiliency and recovery. Let us all pay special attention for this month to minority behavioral

health issues. For more information, go to: https://www.nami.org/Get-Involved/Awareness-Events/Minority-Mental-Health-Awareness-Month



Our mission is to provide comprehensive mental health and educational services to adults and children. We believe that everyone deserves the opportunity to develop a treatment process that best supports their physical, mental, and social well-being. We provide a range of behavioral health services for abused and troubled children, youth, adults, and their families.



Philadelphia OST Program Locator with ASAP, Cityspan Info Session

July 24, 2019, 1-3 pm, Classroom E 1401 JFK Blvd., 16th Floor

The Citywide Out of School Time Initiative is preparing to launch a new Out of School Time program locator in late August. A free info session about Cityspan (https://www.cityspan.com/city-of-philadelphia-partners-with-cityspan-to-integrate-ost-community/) and how to list programs in the upcoming program locator, formerly known as the ASAP Directory.

Trans-Specific Health Conference

July 25-27, 2019

Pennsylvania Convention Center 1101 Arch Street

This free three-day itinerary is packed with workshops, panels and networking mixers geared toward nurturing community and educating transgender folks and allies on issues of health and well-being. Register at: https://www.mazzonicenter.org/trans-wellness/registration19

MindSet Self-Sufficiency Program – An Episcopal Community Services

Applications being accepted until August 18

MindSet is a 3-5 year program for adults seeking career development and financial stability through one-on-one coaching and group training to help them set goals, develop skills, and achieve self-sufficiency. In addition to a customized curriculum, participants will receive cash incentives for completing activities and a 2 to 1 cash match on the money they save within a designated bank account. Participants can expect to spend approximately 15-20 hours per month on MindSet activities. second cohort will begin September 2019. Information and application for MindSet is available at https://ecsphilly.org/programs/mindset/

Foreclosure Prevention Resource Guide

The Community and Economic Development (CED) team of the Urban Affairs Coalition (UAC) released their latest version of the Foreclosure Prevention Resource Guide – the only resource that provides a comprehensive look at the services and options for those facing mortgage and tax foreclosure in Philadelphia and the surrounding counties. For a hard copy, contact Jojv Varghese at 215-851-1738 and can also be downloaded for free at: http://commongood.unitedforimpact.org/sites/default/files/uploads/2019_foreclosure_prevention_resource_guide.pdf.

PHL PreK now Enrolling for Fall

Philadelphia's free pre-K program is expanding, and enrollment has begun. If a child will be 3 or 4 by September 1, lives in Philly, and will be attending pre-K, parents can sign up now. There are no income requirements for participation in this program. Families can enroll at one of over 140 participating locations. For enrollment information and locations, call 844-PHL-PREK or go to http://www.phlprek.org/

ITWorks Training

Tech Impact is now recruiting students, ages 18-26, for its Fall 2019 classes in both Philadelphia and Wilmington. The Philadelphia class will begin at the end of August and the Wilmington class just after Labor Day. Through 11 weeks of classroom study and hands-on workshops, participants will prepare for the industry-leading CompTIA A+ Certification. Five weeks of internships build resume and real world skill, providing students with an experience that will help improve their income potential for life and help them become selfsufficient. Interested students can begin the application process by filling out the online application at https://techimpact.org/ourprograms/itworks/apply-to-itworks/

"I am only one, but I am one. I cannot do everything, but I can do something. And I will not let what I cannot do interfere with what I can do."

- Edward Everett Hale



It's a case of "glass half full" vs. "glass half empty." Studying and observing the problem rather than working toward a solution is a fruitless endeavor. Social workers conduct research, create strategies to solve social issues, and play their role as part of the solution.



"How wonderful it is that nobody need wait a single moment before starting to improve the world."

- Anne Frank

Best Practices, Policy and Research

The Know Parent Tips

The Prevention Action Alliance's the Know Parent Tips focuses on the first line of defense for any young person: a caring parent who plays their role when it comes to alcohol and other drug prevention. The tips provide practical and useful tips to help parents protect children from these dangers that include the importance of setting expectations about underage drinking and drug use, addressing mental health issues, setting a good example, and more. Share these tip with parents in your communities. You can find and sign up for these tips at: https://preventionactionalliance.org/about/programs/know/sign-up-to-receive-know-parent-tips/

Transition Age Youth, Fostering Successful Youth Transitions in Pennsylvania: Laying the Groundwork for Positive Change Fact Sheet

The Juvenile Law Center and PA Partnerships for have released this fact sheet that shows how young people fare from foster care to adulthood, as confirmed by recently released data by the Annie E. Casey Foundation. Specifically, Transition Age Youth in foster care have poorer outcomes, compared to youth in the general population, across areas such as employment, education and housing. In addition, far too often, Transition Age Youth are aging out of foster care without a permanent family or a positive supportive connection. The fact sheet outlines steps to advancing protections to ensure the successful transition for this population, and these efforts can begin now by first enacting legislation to promote permanency. Retrieve the fact sheet at: https:// www.papartnerships.org/wp-content/uploads/ 2019/01/PPC-FYT-Fact-Sheet-ONLINE.pdf

Pew-MacArthur Results First Initiative: New Online Center Encourages Use of Evidence-Based Policies

A new online resource center created by the Pew-MacArthur Results First Initiative provides case studies about effective use of data by state and county governments, offering insights that can help leaders make more evidence-based policy decisions. The new resource center provides specific examples of how jurisdictions have used this approach in recent years to bolster programs and better serve constituents. Along with the case studies, the website offers information on each of the components, as well as links to other resources about implementing evidence-based policymaking. More information about the Pew-MacArthur Results First Initiative can be found on the project webpage at https://www.pewtrusts.org/en/ projects/pew-macarthur-results-first-initiative

Pennsylvania New Statewide Suicide Prevention Panel

Pennsylvania Governor Tom Wolf has announced a first-of-its-kind, statewide Suicide Prevention Task Force to develop the state's suicide prevention plan, a long-term strategy to reduce suicide in Pennsylvania, and let Pennsylvanians in crisis know their lives are valuable and help is available. The Suicide Prevention Task Force will merge siloed efforts into one, statewide suicide prevention plan informed by the diverse perspectives and experiences of various state agencies, including in the departments of Aging, Human Services, Drug and Alcohol Programs, Health, Military and Veterans Affairs, Education, Corrections, and Transportation, the Pennsylvania State Police, and the Pennsylvania Commission on Crime and Delinquency. Long-term policy solutions and strategies will be developed to increase awareness of resources for people in crisis or considering suicide, reduce the stigma associated with suicide and mental illnesses, and reduce the rate of suicide in Pennsylvania. For more information, go to: https:// www.preventsuicidepa.org/

Professional Development

Organise yourself 02 Lead others 03

CWLA 2020 Conference: 100th Anniversary
Year | Sharing Ideas that Strengthen
Families and Engage Communities
to Promote Child Well-Being
March 25-29, 2020

Hyatt Regency Capitol Hill - Washington, DC Call for Proposals - Child Welfare League of American is accepting proposals for their 2020 Conference will bring together policy, research, and practice professionals from child- and family-serving systems in the US and 20 other countries, as well as youth, caregivers, and community partners to share and advance more effective family supports and systems of care for children and families. More conference and proposal info can be found at: https://www.cwla.org/cwla2020/

PANO Webinar: Cyber Security 101: Practical Ways to Protect Your Nonprofit Thursdays, July 11 - July 25 1:00 PM - 2:30 PM

Cyber Security is an increasingly important issue to the nonprofit community. This webinar series will explore the mechanisms of cyber-attacks and how to protect against them at the organizational level, steps individual staff members can take to help reduce threats, and how to assess and plan for improvements in your organization. Designed for small- to medium-sized organizations, this course will focus on simple, practical solutions. Check out the full agenda and register at: https://pano.z2systems.com/np/clients/pano/event.jsp?

Certified Peer Specialist Professional
Development Training
July 18th, August 15th, September 19th,
October 17th, November 21, December 10th
3:00 pm - 5:00 pm
Project Home
1515 Fairmount Avenue
Philadelphia, PA 19130

Certified Peer Specialists (CPS) are people with a personal experience of recovery from a mental health challenge who receive specialized training and supervision to guide and support others who are experiencing similar mental health, substance use, or trauma issues toward increased wellness. For more information contact Kenny Biggs at Kenneth.Biggs@phila.gov or call 215-685-4894

Mental Health First Aid Training
Tue, July 30, 2019
8:30 AM – 5:00 PM
William J. Green Federal Building, Room 7/C
600 Arch Street
Philadelphia, PA

This course helps anyone who wants to learn how to provide initial help to someone who may be experiencing symptoms of a mental illness or crisis. The course gives people tools to help friends, family members, colleagues, or others in their community. Every session we have sponsored has received rave reviews. Attend this class offered at no charge (estimated cost avoidance: \$92 pp). Register by July 23, 2019 at: https://www.eventbrite.com/e/mental-health-first-aid-july-30-2019-tickets-61698035485#tickets

Wrap and Tech: Electronic Health Records, Measurement and Feedback Systems, and Other Supportive Online Technologies for Wraparound July 30, 2019, 11am – 12:15pm PT / 2pm – 3:15pm ET

Hosted by the TA Network, in this webinar members of NWI's Wraparound Evaluation and Research Team (WERT) at the University of Washington will discuss the selection and implementation of Electronic Health Records (EHRs) and other webbased technologies in a Wraparound setting. This webinar will provide guidance to organizations and programs selecting an EHR for the first time or transitioning to a new EHR system. Presenters will review steps and principles of EHR selection and implementation, supplemented by lessons learned from the field.

WE ARE HIRING!

Licensed BSCs

A licensed professional as a Psychologist, Social Worker, Clinical Social Worker, Marriage and Family Therapy, or a Professional Counselor OR Pennsylvania Licensed Behavioral Specialist Consultant in good standing. Requirements include:

- Master's Degree or higher in school, clinical, developmental or counseling psychology, special education, social work, speech therapy, occupational therapy, professional counseling, behavioral analysis, nursing or another related field.
- Verification of substantial relationship of major to behavioral specialist practice: school, university or program must verify that major course of study that has a substantial relationship to the practice of behavioral specialist.
- Specific Coursework: 90 hours of evidence-based coursework 3 hours of professional ethics 16 hours of assessment coursework or training 8 hours of crisis intervention 5 hours of family collaboration 18 hours of autism-specific coursework/training 16 hours of instructional strategies & best practices, 8 hours of co-morbidity & medications ,and 16 hours of addressing specific skill deficits training.
- At least two (2) years verified post-master's experience providing behavioral health treatment to children (at least one of which is experience using behavior analysis/modification techniques).

Non-Fidelity Case Managers

This role assists individuals in making full use of natural community supports, in addition to all available mental health and drug and alcohol services which will enable the individual to live a stable, healthy and safe life in the community of their choice.

This will be accomplished by assessing the individual's needs, developing a personal goal plan with the individual, linking the individual to agreed upon services and ongoing monitoring of these services and supports.

Minimum requirements for a Case Manager:

- Bachelor's degree with major course work in sociology, social work, psychology, gerontology, anthropology, political science, history, criminal justice, theology, counseling, education.
- Minimum of one (1) year experience (paid or unpaid) in a human service field. This experience must involve direct contact with the individual receiving services (i.e. coaching, teaching, case management, etc.)
- A valid PA driver's license and an operating car are required.
- All Case Managers must also show proof of current insurance with minimum limits of \$100,000 per occurrence and \$300,000 aggregate.

For additional information contact Nakida Coleman, Non-Fidelity Act Supervisor at 215-473-7033 ext 7167

