### December 2019 Newsletter Edition LXXXIX





Our mission is to provide comprehensive mental health and educational services to adults and children. We believe that everyone deserves the opportunity to develop a treatment process that best supports their physical, mental, and social well-being. We provide a range of behavioral health services for abused and troubled children, youth, adults, and their families.



### Registration Open for 3rd Eagles Autism Challenge May 16, 2020

The event is presented by Lincoln Financial Group. Join Philadelphia Eagles players, coaches, alumni, cheerleaders, SWOOP and more for this bike, run, 5k and sensory walk benefiting autism research and care. You can register as an individual, family, or corporate team. A fundraising toolkit and resources are available for all participants who register for the event. Fundraising incentives are also available including autographed merchandise and VIP event access. Register at: https://register.hakuapp.com/?event=fa3dd190ecc3c71a63d4 and exclusively for United Way supporters, take 50% off registration with promo code UnitedWay20.

#### Wolf Administration Expands Medicaid Home Visiting Programs

The Wolf Administration has announced that, under the guidance of the Department of Human Services (DHS, it is expanding home visiting supports to first-time mothers and mothers of children with special needs covered by Medicaid. The expansion, made possible in collaboration with physical health Medicaid managed care organizations (MCOs), will quarantee at least two home visits to new parents and families with children with additional risk factors across Pennsylvania, expanding access to evidence-based models that promote and support healthy child and family development. Learn more about the effort in the Ready to Start Task Force report at https://www.governor.pa.gov/wp-content/ uploads/2019/09/20190926-Ready-to-Start-Task-Force-Final-Report.pdf

### LaSalle Launches Small Nonprofit Learning Center

LaSalle's Nonprofit Center will provide classes in finance, fundraising, volunteers and boards, focused entirely on the unique nature of smaller organizations. Other affordable supports for include: a sliding scale of Nonprofit Center Membership with discounted access to all services, is especially affordable and connections to an expert for pressing questions. For more information, go to: https://www.lasallenonprofitcenter.org/

### Community Design Collaborative Free Design Help

The Community Design Collaborative provides pro bono preliminary design services to organizations through a community-engaged design process. The Collaborative delivers preliminary design services in three ways: core grants, initiatives, and technical assistance. We work with you to determine which set of services will be most effective for achieving your goals. We receive and review applications on a rolling basis and award design grants on a quarterly basis. To apply, go to https://cdesignc.org/design-services

### Philadelphia Foundation Partners with Corporate Volunteer Council to Expand Key Skills Hub

The Key Skills Hub is a marketplace for volunteerism where the community and the corporate sector of Philadelphia meet to work towards improving the quality of life of our neighborhoods, our city and beyond. Read more at: https://www.philafound.org/key-skills-hub/?utm\_source=Key+Skills+Hub

- +2019+All+Other+NPO
- +Outreach&utm\_campaign=KSH+General
- +Outreach+NPs&utm\_medium=email

"I am only one, but I am one. I cannot do everything, but I can do something. And I will not let what I cannot do interfere with what I can do."

- Edward Everett Hale



It's a case of "glass half full" vs. "glass half empty." Studying and observing the problem rather than working toward a solution is a fruitless endeavor. Social workers conduct research, create strategies to solve social issues, and play their role as part of the solution.



### Best Practices, Policy and Research

#### Living Well with Serious Mental Illness

With early and consistent treatment, people with serious mental illnesses can manage their conditions, overcome challenges, and lead meaningful, productive lives. SAMHSA has released new information and tips on living with serious mental illness. For more info: https://www.samhsa.gov/serious-mental-illness

### Resources for Families Coping with Mental and Substance Use Disorders

Every family is unique, but all families share a bond that can be used to support one another during trying times. SAMHSA has released new videos and other information. For more info: https://www.samhsa.gov/families

### Advisory: Mental and Substance Use Disorder Treatment for People with Physical and Cognitive Disabilities

This Advisory highlights how mental and substance use disorder treatment programs can better serve people with physical and cognitive disabilities and substance use disorders and/or serious mental illness. For more info: https://store.samhsa.gov/product/

## Advisory: Implementing Tobacco Cessation Treatment for Individuals with Serious Mental Illness – A Quick Guide for Program Directors and Clinicians

TTobacco use is widespread among individuals with serious mental illness, and the high prevalence of tobacco-related mortality among them is well-documented. This guide can help clinicians implement a tobacco cessation program for individuals with serious mental illness. For more info: https://store.samhsa.gov/

### Mental Illness and Substance Use in Young Adults

Entering adulthood can be an emotional time, but sometimes the ups and downs can mean something more. It's okay to ask for help. SAMHSA offers new resources. For more info: https://www.samhsa.gov/young-adults

#### New Research: Randomized Control Trial Findings of a Wraparound Program for Dually Involved Youth

A new article, "Randomized Control Trial Findings of a Wraparound Program for Dually Involved Youth," published recently in the Journal of Emotional and Behavioral Disorders, is the first controlled study of wraparound to focus on dually involved youth. The article was co-authored by current and former members of the Wraparound Evaluation and & Research Team at the University of Washington, Seattle, including NWI Co-Director Eric Bruns. Full article on publisher website: https://journals.sagepub.com/

### Wilderness Challenge Program are Promising for Multiple Outcomes

Wilderness challenge programs are designed to help non-delinquent or delinquent youth who have behavioral issues build self-esteem and interpersonal skills through physical activity and social interaction. The practice is rated Promising for reducing recidivism, improving interpersonal skills, increasing self-esteem, and improving school adjustment. The practice is rated No Effects for encouraging participant's belief in their ability to control events affecting them. More information at: https://crimesolutions.gov/

"How wonderful it is that nobody need wait a single moment before starting to improve the world."

- Anne Frank

## Professional Development



The nationwide PTTC Network Marijuana Work Group has released a Marijuana Prevention & Education Toolkit. This webinar will present a detailed overview of each of the four components in the tool kit. At the conclusion of the toolkit overview, the remainder of the webinar will serve as a listening session where participants can share other issues and challenges related to marijuana prevention. For info: https://pttcnetwork.org/centers/new-england-pttc/webinar-pttc-marijuana-prevention-education-toolkit-launch-listening

### 2020 Annual Conference Reducing Racial and Economic Inequality Society for Social Work and Research January 15–19, Washington, DC

The SSWR Annual Conference offers a scientific program that reflects a broad range of research interests, from workshops on the latest quantitative and qualitative research methodologies to symposia featuring studies in child welfare, aging, mental health, welfare reform, substance abuse, and HIV/AIDS. Over 500 symposia, workshop, roundtable, paper and poster presentations. Research methods workshops designed to enhance methods expertise and grant-writing skills and special sessions on research priorities and capacity building that target cutting-edge topics vital to contemporary social work research. Pre-conference programs and a networking reception especially for doctoral students. For registration/info: https://secure.sswr.org/2020-conference-home/



Naloxone (Narcan) Overdose & Rescue Training December 18, 2019 10:00 am to 12:00 pm (Recurring Event) 801 Market Street Philadelphia, PA 19107

In an effort to increase awareness and enhance overall knowledge of the opioid epidemic's impact on our region, the Philadelphia Department of Behavioral Health and Intellectual disAbility Services (DBHIDS), is offering monthly lifesaving Naloxone (Narcan) Overdose Prevention & Rescue Training. Attend a session and learn to become a trained ambassador of overdose prevention methods. For more information, visit https://www.phila.gov/services/mental-physical-health/learn-how-to-get-and-use-naloxone-narcan/

Understanding Sexuality Needs of Students with Intellectual Disabilities
Sponsored by: National Association of Social Workers – Pennsylvania Chapter Workshops Thursday, January 9, 2020
9:00 to 11:00 am
Bucks County Intermediate Unit 705 N. Shady Retreat Road
Doylestown, PA 18901

Learning Objectives:

- Understand one's biases/assumptions around sexuality and how they impact support for students with intellectual disabilities;
- Develop strategies to address sexuality needs of students with intellectual disabilities; and
- Increase awareness of negative messages given around sexuality.

Cost of program is free for all continuing education credits extra; 2 CEs offered & CE Certificate. To register visit, www.bucksiu.org

# WE ARE HIRING!

### Licensed BSCs

A licensed professional as a Psychologist, Social Worker, Clinical Social Worker, Marriage and Family Therapy, or a Professional Counselor OR Pennsylvania Licensed Behavioral Specialist Consultant in good standing. Requirements include:

- Master's Degree or higher in school, clinical, developmental or counseling psychology, special education, social work, speech therapy, occupational therapy, professional counseling, behavioral analysis, nursing or another related field.
- Verification of substantial relationship of major to behavioral specialist practice: school, university or program must verify that major course of study that has a substantial relationship to the practice of behavioral specialist.
- Specific Coursework: 90 hours of evidence-based coursework 3 hours of professional ethics 16 hours of assessment coursework or training 8 hours of crisis intervention 5 hours of family collaboration 18 hours of autism-specific coursework/training 16 hours of instructional strategies & best practices, 8 hours of co-morbidity & medications ,and 16 hours of addressing specific skill deficits training.
- At least two (2) years verified post-master's experience providing behavioral health treatment to children (at least one of which is experience using behavior analysis/modification techniques).

### Non-Fidelity Case Managers

This role assists individuals in making full use of natural community supports, in addition to all available mental health and drug and alcohol services which will enable the individual to live a stable, healthy and safe life in the community of their choice.

This will be accomplished by assessing the individual's needs, developing a personal goal plan with the individual, linking the individual to agreed upon services and ongoing monitoring of these services and supports.

Minimum requirements for a Case Manager:

- Bachelor's degree with major course work in sociology, social work, psychology, gerontology, anthropology, political science, history, criminal justice, theology, counseling, education.
- Minimum of one (1) year experience (paid or unpaid) in a human service field. This experience must involve direct contact with the individual receiving services (i.e. coaching, teaching, case management, etc.)
- A valid PA driver's license and an operating car are required.
- All Case Managers must also show proof of current insurance with minimum limits of \$100,000 per occurrence and \$300,000 aggregate.

For additional information contact Nakida Coleman, Non-Fidelity Act Supervisor at 215-473-7033 ext 7167

