



Community Council
Health Systems

April 2019
Newsletter

Edition
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From the Desk of James V. Nixon, President & CEO of Community Council

April is National Women's History Month

Childhood should be carefree, playing in the sun; not living a nightmare in the darkness of the soul.

-- Dave Pelzer, *A Child Called "It"*

National Child Abuse Prevention Month allows us to acknowledge the importance of working with families and communities to prevent child abuse and neglect and to promote the social and emotional wellbeing of our children and families. The theme for this year's National

Child Abuse Prevention Month is Strong and Thriving Families.

During the month of April and throughout the year, it is important to implement child abuse and neglect prevention strategies and activities with our program participants, staff and our community. We must focus on the entire system of supports and relationships that affect our children. For more information for highlighting Child Abuse Prevention Month at your agency or in the community, go to: <https://www.childwelfare.gov/topics/preventing/preventionmonth/>

Test your knowledge of the Protective Factors with interactive scenarios at:
www.childwelfare.gov/topics/preventing/preventionmonth/resources/protective-factors-in-practice/



Our mission is to provide comprehensive mental health and educational services to adults and children. We believe that everyone deserves the opportunity to develop a treatment process that best supports their physical, mental, and social well-being. We provide a range of behavioral health services for abused and troubled children, youth, adults, and their families.

COMMUNITY RESOURCES



SAMHSA's 2019 National Prevention Week

Do not forget to mark your calendars for SAMHSA's next National Prevention Week from May 12 through 18, 2019. Each year around this observance, communities and organizations across the country come together to raise awareness about the importance of substance use prevention and positive mental health. To learn more about participation in National Prevention Week, go to <https://www.samhsa.gov/prevention-week>

2019 - 2020 YOUTHadelphia Board Recruitment

YOUTHadelphia is the Philadelphia Foundation's youth in philanthropy (YIP) program that gives Philadelphia teens opportunities to build youth leadership through philanthropy by identifying issues of public concern and together make grants to nonprofit organizations addressing those issues. YOUTHadelphia trains young people to distribute up to \$50,000 in grants by conducting research, identifying funding criteria and priorities and managing an application process from start to finish. Submit a completed application to the Philadelphia Foundation no later than May 27, 2019 via email or U.S. mail to: Philadelphia Foundation/YOUTHadelphia Attention: Edurne Irizarry, Program Officer 1835 Market Street Suite 2410 Philadelphia PA 19103 Email: youthadelphia@philafound.org

VFW Applications from Veterans for Emergency Financial Assistance

The Veterans of Foreign Wars is accepting applications from military service members who have been deployed in the last six years and have run into unexpected financial difficulties as a result of deployment or other military-

related activity. The program provides financial assistance of up to \$1,500 to assist with basic life needs in the form of a grant – **not a loan** – so no repayment is required. Eligible expenses include housing and vehicle payments; utility or phone bills; food and incidentals; children's clothing, food, diapers, school, and childcare; and medical bills, prescriptions, and eyeglasses. To be eligible, the applicant must be a service member or eligible dependent listed under the Defense Enrollment Eligibility Reporting System (DEERS). For guidelines and application instructions, see the VFW website at <https://www.vfw.org/UnmetNeeds/>

Urban Affairs Coalition Foreclosure Prevention Resource Guide

The Community and Economic Development (CED) team of the Urban Affairs Coalition (UAC) released their latest version of the Foreclosure Prevention Resource Guide – the only resource that provides a comprehensive look at the services and options for those facing mortgage and tax foreclosure in Philadelphia and the surrounding counties. If you would like a hard copy of the resource guide, please reach out to JOJY Varghese by e-mail at jvarghese@uac.org or at 215-851-1738. The 2019 Guide is available and can be downloaded for free at any time.

Action begins with a desire. Naturally, heartfelt compassion leads to action. The vulnerable and disadvantaged in this world need more than pity—they need to see love operate selflessly and sacrificially.

"It is not enough to be compassionate. You must act."
- Dalai Lama





Best Practices, Policy and Research

Early Self-Control Improvement Programs for Children Are Effective

PA First Report on Child Abuse Fatalities
After reviewing two years of child abuse fatalities and near-fatalities statewide, state human services officials have released the following report: <http://commongood.unitedforimpact.org/sites/default/files/uploads/abuse%20report.pdf>

US Deaths at All-Time High

Deaths from alcohol, drugs and suicide in 2017 hit the highest level since federal data collection started in 1999. Read full story at: <https://www.usatoday.com>

Guidance on Strategies to Promote Best Practice in Antipsychotic Prescribing for Children and Adolescents

The safe and effective use of antipsychotic medications for children and adolescents in the United States is a critical issue in mental and substance use treatment. To address this issue, SAMHSA partnered with national experts to develop this guidance. The document provides a "bird's eye view" of systems-level strategies to inform public and private sector decision-makers, prescribing clinicians, and other key stakeholders in designing and implementing antipsychotic monitoring programs to improve outcomes for youth with mental disorders across the nation. Download the guidance at: <https://store.samhsa.gov/>

Behavioral, Emotional, and Social Training: Competent Learners Achieving School Success (BEST in CLASS)

Evidence Rating: Effective - One study
This classroom-based intervention, delivered by teachers, is designed to prevent emotional and behavioral disorders in high-risk children. Intervention group children showed statistically significant improvement in behaviors, social and behavioral competence, and student-teacher relationships, compared with control group children. Intervention group teachers

showed statistically significant improvements in instructional practices. Learn more at: <https://www.crimesolutions.gov/>

Report Describes Wide-Ranging Projects Aimed at Strengthening Families

The Office of Planning, Research and Evaluation (OPRE) report describes initiatives on responsible fatherhood, relationship building (for couples, parents and children, healthy marriages, etc.), home visiting, positive youth development, overall capacity building, family strengthening for American Indians and Alaskan Natives, and cross-cutting research. It also provides a list of additional links to more information on the projects and initiatives. The report, Family Strengthening Research, is available at <https://www.acf.hhs.gov/>.

Following Their Lead: Youth in Action – A Film

While the rate of incarcerated youth has fallen over the past decade, there are still over 48,000 youth residing in juvenile correctional facilities, and minorities are disproportionately represented. Brave New Films released a short film on YouTube that highlights the work that RISE (Reinvesting In Supportive Environments) is doing to end youth incarceration.

Principles of Community-Based Behavioral Health Services for Criminal Justice-Involved Individuals: A Research-Based Guide

This newly released Guide by SAMHSA provides a foundation for realizing a quality, community-based behavioral health treatment system that is responsive to all individuals with mental and substance use disorders. The Principles guide is composed of eight guiding principles, frequently asked questions, resources for further reading, and a glossary of terms for behavioral health providers and criminal justice professionals. Download the Principles at: <https://store.samhsa.gov/>

"How wonderful it is that nobody need wait a single moment before starting to improve the world."

- Anne Frank



Happy Anniversary!

These individuals are celebrating one or more years of service at Community Council Health Services this month: Charlotte Walker (20), Wallace Cherry (14), George Banks, III (12), James V. Nixon (11), Jeremy Johnson (10), Valerie Wilson (10), Arnold King (9), Paula Woodward (8), Kiara Anderson (4), Zainab Saccoh (3), Shari DeCastro (2), Julie Carter (1), MacKenzie Vaughn (1), Misty Torres (1)

Happy Birthday to You!

Join us in helping us celebrate those who have their birthdays in March:

Douglas Faxon, Jr. (4/3)	Wanda E. Moore (4/21)
Darlene Simon (4/5)	Kodjo Adovor (4/22)
Lisa Ann Wray (4/8)	Tamima Ahmed (4/24)
Marisa Ward (4/8)	Je'Van Sales (4/24)
Summer Brunson (4/15)	Juliana Omile (4/24)
Marcus Shahid (4/18)	Lavenah Barksdale (4/25)
Adrienne Hardy (4/19)	Renee McHenry (4/27)
Aaliyah Sellers (4/21)	Charles Richards (4/27)
Aileen Hill (4/21)	Cordell Everett (4/28)
	Corine Aimes (4/29)

Professional Development



Becoming Trauma Informed: Practice Skills Workshop

Tuesday, April 16, 2019

9:00 to 11:00 am or 12:00 noon

123 S. Broad St, 6th Fl, Philadelphia

The Health Federation of Philadelphia is offering this workshop offers training series on trauma-informed practice for people working with children. Registration is through the PAKey PD Registry (<https://papdregistry.org/>). Create a login to register. Training available at your location – email msullivan@healthfederation.org for questions or for more information. Funding through PHMC-PD makes this training possible. Class fees are \$7 or \$14.

National Association of Black Social Workers 51st Annual National Conference Honoring Our Legacy: Constructing Social Policy that Shapes Our Future

April 23-27, 2019

Atlanta Marriott Marquis, Atlanta, GA

This is an educational conference that will feature prominent keynote speakers, inspiring and motivating opening institutes. Instructional workshops will be conducted on practice, social policy and social justice issues that affect the everyday lives and destiny of Black individuals, Black families and Black communities. For more information, go to: <http://nabsw.org>

TA Network Webinar: Effectively Integrating the CANS into the Wraparound Process

April 30, 2019 – 2:00 to 3:30 pm

The Wraparound process is the most common care coordination model for youth with complex needs and their families. Meanwhile, the Child and Adolescent Needs and Strengths (CANS) is now the most widely used assessment tool in public child-serving systems. This webinar is based on shared work of the National Wraparound Implementation Center (NWIC) and Chapin Hall at the University of Chicago (organizational home of the CANS) to develop a guidance document around how to best integrate the CANS into the Wraparound process. Presenters will describe potential ways to effectively coordinate the CANS assessment with Wraparound practice – including "Do's" and "Don'ts" – across the four phases of Wraparound.

TF-CBT Advanced Training

May 9 & 10, 2019

Registration for this two-day training is now open! This free training will be hosted by George Junior Republic, at 233 George Junior Road, Grove City, PA 16127 from 9:00am - 4:30 pm both days. Mental health professionals will be better able to understand treatment for sexually exploited children. Visit the EPICCenter page at <http://www.episcenter.psu.edu/node/771> for more information or to access registration. Registration deadline is April 19, 2019. NASW credits available, travel stipends available on a first come, first serve basis.

2019 Pennsylvania Mental Health & Wellness Conference

May 20-21, 2019

Holiday Inn Harrisburg-Hershey, Grantville, PA 17028

Join us May 20-21, 2019, as three leading statewide mental health organizations unite to host the Pennsylvania Mental Health and Wellness Conference in Harrisburg. NAMI Keystone Pennsylvania, the Pennsylvania Mental Health Consumers' Association (PMHCA), and the Mental Health Association in Pennsylvania (MHAPA) invite peers, family members, advocates, and professionals to experience this one-of-a-kind event that will provide a platform to learn, share, and network. For more information, go to: <https://www.namikeystonepa.org/education/conferences/2019-pennsylvania-mental-health-and-wellness-conference/>

2019 National IV-E Roundtable for Child Welfare Training and Education

Stockton University, Child Welfare Education Institute

May 21 – 23, Atlantic City, NJ

The Roundtable is a yearly gathering of representatives from public and tribal child welfare agencies and their university partners. Our goal is to share our resources to build a strong child welfare workforce through training and education. For more information, go to: <https://stockton.edu/child-welfare-education-institute/iv-e-roundtable/>



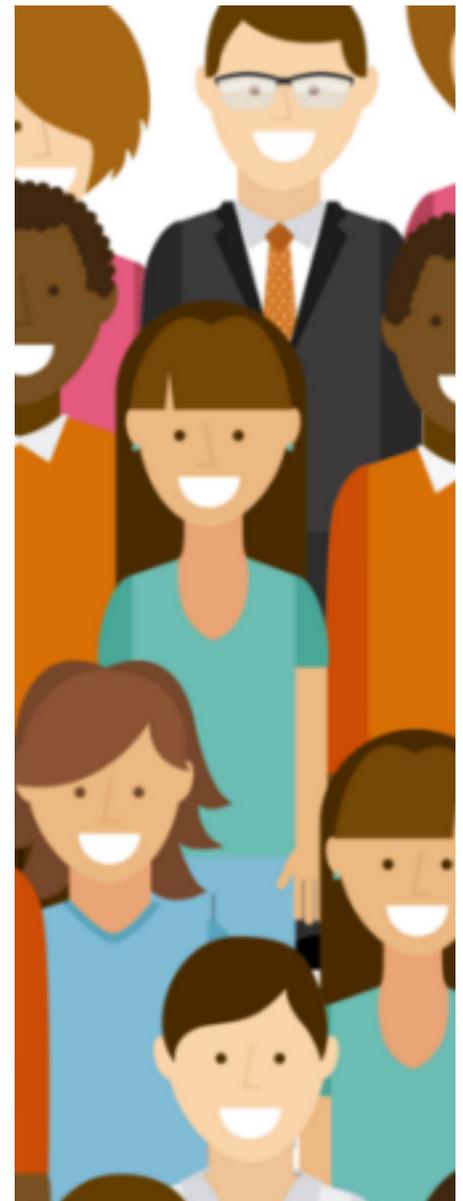
Licensed BSCs

A licensed professional as a Psychologist, Social Worker, Clinical Social Worker, Marriage and Family Therapy, or a Professional Counselor OR Pennsylvania Licensed Behavioral Specialist Consultant in good standing. Requirements include:

- Master's Degree or higher in school, clinical, developmental or counseling psychology, special education, social work, speech therapy, occupational therapy, professional counseling, behavioral analysis, nursing or another related field.
- Verification of substantial relationship of major to behavioral specialist practice: school, university or program must verify that major

course of study that has a substantial relationship to the practice of behavioral specialist.

- Specific Coursework: 90 hours of evidence-based coursework 3 hours of professional ethics 16 hours of assessment coursework or training 8 hours of crisis intervention 5 hours of family collaboration 18 hours of autism-specific coursework/training 16 hours of instructional strategies & best practices, 8 hours of co-morbidity & medications, and 16 hours of addressing specific skill deficits training.
- At least two (2) years verified post-master's experience providing behavioral health treatment to children (at least one of which is experience using behavior analysis/modification techniques).



Have an idea for a valuable community resource?

Submit the information for your resource to drrogers@cchss.org for an upcoming newsletter?

