



September 2019 Newsletter | Edition LXXXVI



Yearly, September is a special month to promote/support new evidence-based treatment and recovery practices, the recovery community, and the dedication of service providers and the general community who make recovery possible. This is a time to increase awareness and understanding of mental and substance use issues and celebrate the people who recover. This year, the Substance Abuse and Mental Health Services Administration (SAMHSA) celebrates the 30th anniversary of National Recovery Month (Recovery Month).

While September is a special month for recovery celebrations, CCHS believes every month provides opportunities to help our participants foster their recovery. Each year, Recovery Month creates a toolkit to help individuals and organizations increase awareness of the power of recovery. The kit provides tips and resources for planning Recovery Month events and distributing information in communities across the nation. Resources can be found at: <https://recoverymonth.gov/promotional-materials/recovery-month-toolkit>

**September is the 30th
Anniversary of National
Recovery Month**



Our mission is to provide comprehensive mental health and educational services to adults and children. We believe that everyone deserves the opportunity to develop a treatment process that best supports their physical, mental, and social well-being. We provide a range of behavioral health services for abused and troubled children, youth, adults, and their families.

COMMUNITY RESOURCES



Male Empowerment Summit
Saturday, September 14, 2019
9:30 to 2 PM

**Temple University's Human
Resources Building**
2450 Hunting Park Avenue

The School of Parent Education and Daddy University will present the Male Empowerment Summit, a full day of training, workshops, and panel discussions centering on educating males, mentors, and others. The workshops incorporate various issues to include parenting, health & wellness, education, money management, healthy relationships, legal rights, and more. Our mission is to provide information to help empower males to Keep Our Families Strong. For more information, go <https://www.eventbrite.com/e/male-empowerment-summit-tickets-62120933384>

**Getting Off the Emotional
Roller Coaster: A 10-Week
Skill Building Workshop for
Families & Friends of People
with Borderline Personality
Disorder (BPD), Bipolar
Disorder or Major Depression**
10 Thursday evenings
6:30 to 8:30 PM

**October 3, 10, 17, 24, 31,
November 7, 14, 21 (skip 28,)
Dec 5 and 12, 2019**
Belmont Behavioral Hospital
4200 Monument Road

These workshops, sponsored by The Training & Education Center at Mental Health Partnership, will help one respond, not just react to gain better control. Through SELF-CARE, EMOTION REGULATION, VALIDATION, LIMIT SETTING & CRISIS MANAGEMENT. Sessions will be interactive and include homework assignments that combine "lived experience" and evidence-based tools.

Fee: Free for participants or family members who are Philadelphia residents, fee for others. Space is limited. For more information or to register call Edie Mannion at 267-507-3863 or visit <https://www.mentalhealthpartnerships.org/about-tec>

PA 2-1-1 Offers Resources to Help Those Dropped from General Assistance (GA) Program

On Aug. 1, Pennsylvania's General Assistance (GA) program ended, and recipients will no longer receive the monthly benefit. Almost 6,000 people in Philadelphia received GA assistance, which accounts for 50% of the state's total recipients.. While there is no direct replacement of cash assistance from the GA program, social service organizations are encouraged to reach out to 2-1-1 to ensure their agency's information is up-to-date and included as a resource option.

KinConnector: PA Hotline to Help Grandparents Raising Grandchildren

A new hotline to help connect thousands of grandparents who are raising their grandchildren to the resources and programs available to them is now live. The KinConnector hotline was established through Act 89 of 2018 to address the growing number of grandparents who have become primary caregivers to their grandchildren in the Commonwealth. The helpline is staffed by social service professionals. A website of resources will also be available in the near future.

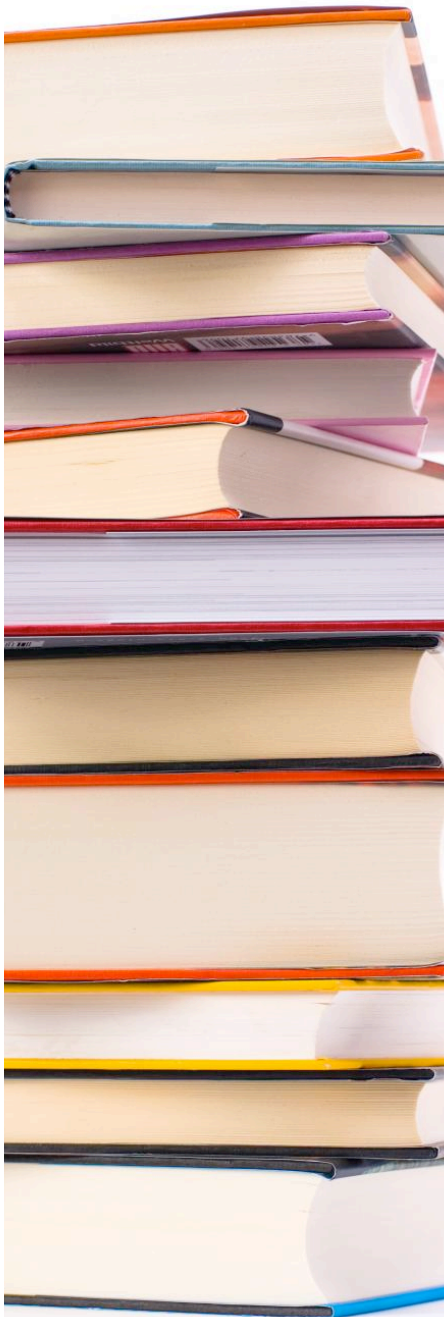
KinConnector can be reached by calling 1.866.KIN.2111 (1.866.546.2111). Assistance is available Monday through Thursday, 9 a.m. to 10 p.m., and Friday, 9 a.m. to 5 p.m.

*"We think
sometimes that
poverty is only
being hungry,
naked, and
homeless. The
poverty of being
unwanted,
unloved, and
uncared for is the
greatest poverty.
We must start in
our own homes to
remedy this kind of
poverty."*

- Mother Teresa



The world can seem
like a big, scary place
for children, troubled
teens, abused women,
and homeless
individuals. A safer,
more protective home
begins with one
person, in one home.



Best Practices, Policy and Research

Disasters and People with Serious Mental Illness – Research Bulletin

Natural and human-caused disasters can traumatize people without serious mental illness (SMI), and those with SMI may be particularly at risk during and after disasters. This edition of the Supplemental Research Bulletin focuses on how disasters may affect individuals with SMI over the short and longer terms. It covers the following topics:

- Risk factors for SMI that may develop anew after a disaster (i.e., major depression and posttraumatic stress disorder)
- Protective factors for individuals with both preexisting and post-disaster SMI
- Approaches to support full disaster-affected communities, including individuals with SMI
- Psychotherapy and interventions to support individuals with SMI after disasters.

Free copies of the bulletin can be downloaded at <https://www.samhsa.gov/sites/default/files/disasters-people-with-serious-mental-illness.pdf>

NIJ Journal Article: Making Schools Safe for Students

High-profile school shootings have raised concerns that schools can be dangerous places for students. Yet the data suggest that school crime rates have dropped nationwide since the early 1990s and that the student victimization rate declined by 70% from 1992 to 2013. Shootings are just one of many traumatic events that children may face at school. They may also be threatened or injured by a weapon, be bullied, be physically assaulted, or be affected by natural disasters. NIJ has funded numerous initiatives over the years that evaluate school safety practices. These efforts range from how to prevent tragic incidents like school shootings to how to promote a positive school environment where day-to-day challenges, like bullying and harassment, can be reduced. Learn more about NIJ's research efforts in our new NIJ Journal article at: <https://nij.gov/journals>

SAMHSA's 2018 National Survey on Drug Use and

Health (NSDUH) Report Data Findings

SAMHSA has just released the latest data findings from the 2018 NSDUH. NSDUH provides estimates of the use of illegal substances, prescription drugs, alcohol, and tobacco, as well as mental disorders, treatment, and co-occurring substance use and mental disorders in the United States. NSDUH data also help to identify the extent of substance use and mental illness among different sub-groups; estimate trends over time; and determine the need for treatment services. The report and detailed findings can be found at: <https://www.samhsa.gov/data/nsduh/reports-detailed-tables-2018-NSDUH>

New Guide: Leading Change: Improving the Court and Community's Response to Mental Health and Co-Occurring Disorders

This guide from the National Center for State Courts lays out steps for beginning the movement for change in the court system. Suggestions include inviting stakeholders to the first meeting to sustaining the initial momentum for long-term progress. The full report can be found at <http://www.ncsc.org>

Alarming Suicide Trends in African American Children: Urgent Issue

The suicide rate among African American children aged 5 to 11 years has increased substantially since 1993 and is persisting, according to Dr. Jeffrey Bridge, a leading researcher at the Nationwide Children's Hospital. In 1993 suicide ranked as the 14th leading cause of death among this population. SAMHSA's Office of Behavioral Health Equity is bringing attention to suicide among African American children. Improving mental health services for young children of color requires an approach that is culturally and linguistically informed. To read more about this crisis, go to <https://blog.samhsa.gov/>

"We must accept finite disappointment, but we must never lose infinite hope."

- Martin Luther King

Professional Development



**Tri-State Summit on Child Homelessness,
Early Education Challenges**

Monday, September 16, 2019

9:30AM to 3:00PM EDT

**Temple University - Howard Gittis Student
Center**

1755 N 13th Street - Room 200 A, B, and C

The summit will discuss connecting young children experiencing homelessness to high quality early learning opportunities. Dr. Deborah Bergeron, national director of Head Start, is confirmed as the keynote speaker. National and regional leaders are planning to attend. Register at: <https://events.r20.constantcontact.com/register/eventReg?oeidk=a07ege5x2r676afabdb&oseq=&c=&ch=>

**3rd Annual Fathers Symposium On Early
Child Development**

September 18, 2019

11 - 12: Registration

12 pm - 5 pm: Program

September 19, 2019

8 am – Registration

9 am - 3:30 pm –Program

The Strong Families Commission and the Symposium Organizing Committee invite you to the 3rd annual Pennsylvania symposium with a focus understanding and bolstering the critical role that fathers play in the lives of their children and families. The event is free of charge, but space is limited. Register at: <https://www.nasw-pa.org/event/fathersfromthebeginning>

**Fundraising Workshop: Book it Right, Track it
Right, Report it Right**

September 17, 2019

The Catalyst Center for Nonprofit Management will be addressing fund development questions. This workshop covers the required and recommended fundraising practices for maximum transparency and compliance. \$35pp PANO Members; \$50 pp non-members. For workshop details, go to <http://www.catalystnonprofit.com/our-services/training-events/>

**Webinar - The Promise of Adolescence:
Realizing Opportunity for All Youth**

Tuesday, September 24 – 3pm - 4:30 pm ET

Two of the members of the National Academies of Sciences (NAS) Committee that produced this recently released report—Leslie Leve, PhD, University of Oregon, and Sue Mangold, JD, Juvenile Law Center—will present report findings that relate most directly to children in the child welfare system. Their presentation will be followed by a conversation between the presenters and the guest editors of a soon-to-be-released special issue of Child Welfare journal, "Twenty Years after the Foster Care Independence Act of 1999 ("Chafee"): What We Know Now About Meeting the Needs of Teens." This is the first in a series of webinars on this topic. The second webinar will include the youth response to the findings of the NAS report and to the impact of the Chafee Act. The NAS report and report highlights are available for free download at: <https://www.nap.edu/catalog/25388/the-promise-of-adolescence-realizing-opportunity-for-all-youth>
Webinar Registration at: <https://register.gotowebinar.com/register/3218951531981059084>

This program has been approved for one (1) CEU by the NASW Washington State Chapter. Licensed Social Workers, Marriage and Family Therapists, and Mental Health Counselors are eligible. Provider number is #1975-176. There is a \$20 fee for CEUs for non-members and a \$10 fee for CWLA members. If you are interested in CEUs, please e-mail memberservices@cwla.org for details.

**Annual Pennsylvania Safe Schools
Conference**

**Keeping Our Children Safe: Strategies for
Schools and Communities**

October 2-3, 2019 | Hilton, Harrisburg, Pa.

Don't miss this opportunity to hear from national and state experts about the latest research and trends in school safety and violence prevention, effective program models and promising practices. To find out more about the conference and to register, go to: <https://conference.safeschools.info/>

WE ARE HIRING!

Licensed BSCs

A licensed professional as a Psychologist, Social Worker, Clinical Social Worker, Marriage and Family Therapy, or a Professional Counselor OR Pennsylvania Licensed Behavioral Specialist Consultant in good standing. Requirements include:

- Master's Degree or higher in school, clinical, developmental or counseling psychology, special education, social work, speech therapy, occupational therapy, professional counseling, behavioral analysis, nursing or another related field.
- Verification of substantial relationship of major to behavioral specialist practice: school, university or program must verify that major course of study that has a substantial relationship to the practice of behavioral specialist.
- Specific Coursework: 90 hours of evidence-based coursework 3 hours of professional ethics 16 hours of assessment coursework or training 8 hours of crisis intervention 5 hours of family collaboration 18 hours of autism-specific coursework/training 16 hours of instructional strategies & best practices, 8 hours of co-morbidity & medications, and 16 hours of addressing specific skill deficits training.
- At least two (2) years verified post-master's experience providing behavioral health treatment to children (at least one of which is experience using behavior analysis/modification techniques).

Non-Fidelity Case Managers

This role assists individuals in making full use of natural community supports, in addition to all available mental health and drug and alcohol services which will enable the individual to live a stable, healthy and safe life in the community of their choice.

This will be accomplished by assessing the individual's needs, developing a personal goal plan with the individual, linking the individual to agreed upon services and ongoing monitoring of these services and supports. Minimum requirements for a Case Manager:

- Bachelor's degree with major course work in sociology, social work, psychology, gerontology, anthropology, political science, history, criminal justice, theology, counseling, education.
- Minimum of one (1) year experience (paid or unpaid) in a human service field. This experience must involve direct contact with the individual receiving services (i.e. coaching, teaching, case management, etc.)
- A valid PA driver's license and an operating car are required.
- All Case Managers must also show proof of current insurance with minimum limits of \$100,000 per occurrence and \$300,000 aggregate.

For additional information contact Nakida Coleman, Non-Fidelity Act Supervisor at 215-473-7033 ext 7167

