



# August 2019 Newsletter

## Edition LXXXV



It's that bittersweet time of year again – warm summer days, with the promise of fall, and a new school year soon to come. Summer in-services are over with more to follow. What does August bring for you? Are you preparing to go back to school – or have family members who are? Or maybe you're shopping for pencils, backpacks and notebooks for your school-bound kids. Perhaps you're starting a new volunteering effort? Either way, the autumn season marks a time of change for many of us. Are you helping your staff and program participants with this potential transition?

**Mental Health America (MHA)'s Back to School Toolkit** - developed each year and released in mid-August in anticipation of the start of the new school year - provides free resources, tools, tips, and information on early identification themes. The toolkit will provide young people with information to help them understand the effects trauma can have on the mind and how traumatic events may trigger the onset of mental health conditions like depression, anxiety, and psychosis. By increasing understanding of trauma and recognition of early warning signs of mental health conditions, we hope to encourage young people to seek help and support as soon as

possible so that they can address behavioral health issues early as possible. Go to <https://www.mentalhealthamerica.net/back-school> in mid- August to get the 2019 tips. The 2018 version is available now.



*Our mission is to provide comprehensive mental health and educational services to adults and children. We believe that everyone deserves the opportunity to develop a treatment process that best supports their physical, mental, and social well-being. We provide a range of behavioral health services for abused and troubled children, youth, adults, and their families.*

# COMMUNITY RESOURCES



## PhillyGoes2College

Connect2College is multi-mode college resource service offered by PhillyGoes2College. From help with scholarships and financial aid, preparing for the SATs and filling out forms like the FAFSA, to finding and applying to the right school or college, we can be your guide. These services are citywide and always free. For more information, please check: <https://phillygoes2college.org/>

## Gateway to College Program

The program offers a free program to youth, ages 16-21, who has dropped out of high school and wishes to enter the workforce and pursue their goals. Students will receive a Commonwealth Diploma, job placement support and an opportunity to pursue an associate degree. For more information, visit <https://www.gatewaytocollege.org/about-us/>

## Philadelphia New Out of School Time Program Locator

The Citywide OST is launching a new Out of School Time program locator in late August. Find info at: <http://ost.phila.gov/>

## Philadelphia Releases Report on Opioid Reduction Efforts

The City of Philadelphia released a report on opioid reduction efforts on July 1, 2019, for the Philadelphia Resilience Project, the emergency response established last October by Mayor Jim Kenney to combat the opioid epidemic. Over the past eight months, 35 City agencies and departments worked intensively and collaboratively to address homelessness, drug overdoses, and quality of life issues in the Kensington and Fairhill neighborhoods of the city. The Mayor also announced that he is extending the executive order to continue this work. The full report is available at: [https://www.phila.gov/documents/philadelphia-resilience-project-recovering-together/?mc\\_cid=1941d4e6f7&mc\\_eid=701a23fa37](https://www.phila.gov/documents/philadelphia-resilience-project-recovering-together/?mc_cid=1941d4e6f7&mc_eid=701a23fa37)

## \$20,000 Grant Addresses Philadelphia Bail Crisis

Philadelphia has the fourth largest jail population of all major cities. The primary reason for this dubious distinction is that nearly 33% of those held in jail pretrial are there because they cannot afford cash bail. And, more than half of them remain jailed for more than 30 days. To help address this crisis, the Union Benevolent Association has awarded a \$20,000 grant to Philadelphia Community Bail Fund (PCBF), an organization working to end cash bail in Philadelphia. PCBF will use the funds to post bail for Philadelphians who cannot afford to pay for their freedom. For more information, go to PCBF at <https://www.phillybailout.com/#/>

## The Bridge Way School

This is Pennsylvania's only college-prep recovery high school. Admissions procedures vary accordingly, so the student treatment plan and contract is tailored to reflect this. The School is for youth who:

- Have at least 30 days of sobriety
  - Are actively working a recovery program
  - Seek a strong college-preparatory program that recognizes your learning style.
- Call us at 267.437.2194. For more information, see website: <https://thebridgewayschool.org/>

## Networking at Phillies

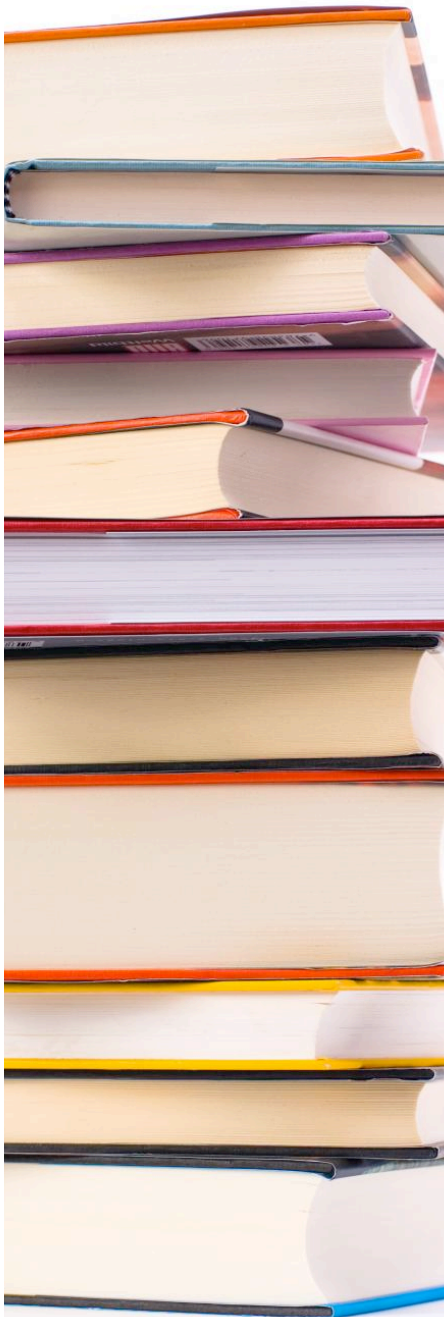
This is the eighth year to meet people and build longer lasting relationships while we enjoy America's favorite past time. The events average between 40 to 80 people per game. At 7pm, you can walk across the street and watch the Phillies take on the Chicago Cubs, while we continue to network inside. An upper level ticket to the game is included. Meet many new business leads and contacts, all in the relaxed atmosphere of Citizens Bank Park. Tickets are just \$30 each and include networking, hot dogs & chips, beer and water, and an upper level ticket to the game. Or just join us on 8/15 for the outside networking with food & drink from 5-7pm for just \$15 a person.

*"There may be times when we are powerless to prevent injustice, but there must never be a time when we fail to protest."*

*- Elie Wiesel*



**Social workers dare to speak what has not yet been said. They dare to challenge the powerful and intimidating. They might sometimes fail to protect the innocent and vulnerable, but they refuse to stay silent.**



# Best Practices, Policy and Research

## Tips for Talking With and Helping Children and Youth Cope After a Disaster or Traumatic Event: A Guide for Parents, Caregivers, and Teachers

This tip sheet from SAMHSA covers possible reactions that children ranging from infancy to age 19 might have to a disaster or traumatic event; how you can best support and comfort them; and how you can know when it's time to get outside help. Learn more about how paying attention, allowing children to ask questions, and being a good model of self-care can benefit the children in your life after a disaster. Read Tips at: <https://store.samhsa.gov/product/tips-talking-helping-children-youth-cope-after-disaster-or-traumatic-event-guide-parents/sma12-4732>

## Age-Related Reactions to a Traumatic Event

This tip sheet from the National Child Traumatic Stress Network helps parents, schools, and communities develop a better understanding of how children of various ages may react to a traumatic event. Preschool children, school-age children, and adolescents can each be supported in a variety of ways to promote their emotional recovery after a disaster or traumatic event. Tip sheet at: <https://www.nctsn.org/resources/age-related-reactions-traumatic-event>

## SAMHSA Report Provides Updates on Evidence-based Practices, Screening and Assessment Instruments

This revised edition of a report from SAMHSA provides information on a wide range of evidence-based practices for screening and assessment of adults with co-occurring substance use disorders and mental illness who are involved with the criminal justice system. The report discusses the importance of instrument selection for screening and assessing patients. It is intended as a guide for clinicians, case managers, law enforcement, court personnel, researchers, and others who are interested in developing and operating effective programs for people with co-occurring disorders who are involved with the justice system. View the Report at: [https://store.samhsa.gov/product/Screening-and-Assessment-of-Co-Occurring-Disorders-in-the-Justice-System/PEP19-SCREEN-CODJS?utm\\_source=Judges+and+Psychiatrists%27+Leadership+Initiative&utm\\_campaign=32e01dca97-JPLI\\_Roundup\\_July\\_2019\\_16\\_2019\\_11\\_11&utm\\_medium=email&utm\\_term=0\\_5badfd960-32e01dca97-42492721&mc\\_cid=32e01dca97&mc\\_eid=9299c0711e](https://store.samhsa.gov/product/Screening-and-Assessment-of-Co-Occurring-Disorders-in-the-Justice-System/PEP19-SCREEN-CODJS?utm_source=Judges+and+Psychiatrists%27+Leadership+Initiative&utm_campaign=32e01dca97-JPLI_Roundup_July_2019_16_2019_11_11&utm_medium=email&utm_term=0_5badfd960-32e01dca97-42492721&mc_cid=32e01dca97&mc_eid=9299c0711e)

*"You must never be fearful about what you are doing when it is right."*

- Rosa Parks



# Professional Development



## Tri-State Summit on Child Homelessness, Early Education Challenges

Monday, September 16, 2019

9:30AM to 3:00PM EDT

Temple University - Howard Gittis Student Center

1755 N 13th Street - Room 200 A, B, and C

The summit will discuss connecting young children experiencing homelessness to high quality early learning opportunities. Dr. Deborah Bergeron, national director of Head Start, is confirmed as the keynote speaker. National and regional leaders are planning to attend. Register at: <https://events.r20.constantcontact.com/register/eventReg?oeidk=a07ege5x2r676afabdb&oseq=&c=&ch=>

## 3rd Annual Fathers Symposium On Early Child Development

September 18, 2019

11 - 12: Registration

12 pm - 5 pm: Program

September 19, 2019

8 am – Registration

9 am - 3:30 pm –Program

The Strong Families Commission and the Symposium Organizing Committee invite you to the 3rd annual Pennsylvania symposium with a focus understanding and bolstering the critical role that fathers play in the lives of their children and families. The event is free of charge, but space is limited. Register at: <https://www.nasw-pa.org/event/fathersfromthebeginning>

## New Enhancements in the PD Registry

Pennsylvania's Early Childhood Education Career Pathway is now live in the PD Registry. A career pathway is a tool to support the ECE professional in entering the field prepared for success while growing the existing professional's capacity to move up in the field if they would like. To learn more, go to: <https://www.pakeys.org/get-professional-development/career-pathway/>

## Webinar - The Promise of Adolescence: Realizing Opportunity for All Youth

Tuesday, September 24 – 3pm - 4:30 pm ET

Two of the members of the National Academies of Sciences (NAS) Committee that produced this recently released report—Leslie Leve, PhD, University of Oregon, and Sue Mangold, JD, Juvenile Law Center—will present report findings that relate most directly to children in the child welfare system. Their presentation will be followed by a conversation between the presenters and the guest editors of a soon-to-be-released special issue of Child Welfare journal, "Twenty Years after the Foster Care Independence Act of 1999 ("Chafee"): What We Know Now About Meeting the Needs of Teens." This is the first in a series of webinars on this topic. The second webinar will include the youth response to the findings of the NAS report and to the impact of the Chafee Act. The NAS report and report highlights are available for free download at: <https://www.nap.edu/catalog/25388/the-promise-of-adolescence-realizing-opportunity-for-all-youth>  
Webinar Registration at: <https://register.gotowebinar.com/register/3218951531981059084>

This program has been approved for one (1) CEU by the NASW Washington State Chapter. Licensed Social Workers, Marriage and Family Therapists, and Mental Health Counselors are eligible. Provider number is #1975-176. There is a \$20 fee for CEUs for non-members and a \$10 fee for CWLA members. If you are interested in CEUs, please e-mail [memberservices@cwla.org](mailto:memberservices@cwla.org) for details.

## Annual Pennsylvania Safe Schools Conference

**Keeping Our Children Safe: Strategies for Schools and Communities**

**October 2-3, 2019 | Hilton, Harrisburg, Pa.**

Don't miss this opportunity to hear from national and state experts about the latest research and trends in school safety and violence prevention, effective program models and promising practices. To find out more about the conference and to register, go to: <https://conference.safeschools.info/>



# WE ARE HIRING!

## Licensed BSCs

A licensed professional as a Psychologist, Social Worker, Clinical Social Worker, Marriage and Family Therapy, or a Professional Counselor OR Pennsylvania Licensed Behavioral Specialist Consultant in good standing. Requirements include:

- Master's Degree or higher in school, clinical, developmental or counseling psychology, special education, social work, speech therapy, occupational therapy, professional counseling, behavioral analysis, nursing or another related field.
- Verification of substantial relationship of major to behavioral specialist practice: school, university or program must verify that major course of study that has a substantial relationship to the practice of behavioral specialist.
- Specific Coursework: 90 hours of evidence-based coursework 3 hours of professional ethics 16 hours of assessment coursework or training 8 hours of crisis intervention 5 hours of family collaboration 18 hours of autism-specific coursework/training 16 hours of instructional strategies & best practices, 8 hours of co-morbidity & medications, and 16 hours of addressing specific skill deficits training.
- At least two (2) years verified post-master's experience providing behavioral health treatment to children (at least one of which is experience using behavior analysis/modification techniques).

## Non-Fidelity Case Managers

This role assists individuals in making full use of natural community supports, in addition to all available mental health and drug and alcohol services which will enable the individual to live a stable, healthy and safe life in the community of their choice.

This will be accomplished by assessing the individual's needs, developing a personal goal plan with the individual, linking the individual to agreed upon services and ongoing monitoring of these services and supports. Minimum requirements for a Case Manager:

- Bachelor's degree with major course work in sociology, social work, psychology, gerontology, anthropology, political science, history, criminal justice, theology, counseling, education.
- Minimum of one (1) year experience (paid or unpaid) in a human service field. This experience must involve direct contact with the individual receiving services (i.e. coaching, teaching, case management, etc.)
- A valid PA driver's license and an operating car are required.
- All Case Managers must also show proof of current insurance with minimum limits of \$100,000 per occurrence and \$300,000 aggregate.

For additional information contact Nakida Coleman, Non-Fidelity Act Supervisor at 215-473-7033 ext 7167

